

Qualifying Standards Guidelines for the Otago SS Athletics Meeting				Qualifying Standards Guidelines for the Otago SS Athletics Meeting			
Boys Under 14		Boys Under 16		Girls Under 14		Girls Under 16	
100m	14s	100m	13.5s	100m	15s	100m	14.5s
200m	27s	200m	26s	200m	33s	200m	32s
400m	1min 5s	400m	1min	400m	1min 20s	400m	1min 20s
800m	2min 45s	800m	2min 35s	800m	3min 15s	800m	3min 15s
1500m	5min 30s	1500m	5min 20s	1500m	6min 30s	1500m	6min 30s
3000m	12min	3000m	11min 30s	3000m	15min	3000m	15min
100m Hurdles	15s	100m Hurdles	16s	70m Hurdles	15s	80m Hurdles	16s
Discus	20m	Discus	25m	Discus	16m	Discus	18m
High Jump	1.35m	High Jump	1.55m	High Jump	1.25m	High Jump	1.25m
Javelin	20m	Javelin	28m	Javelin	13m	Javelin	14.5m
Long Jump	4.3m	Long Jump	5m	Long Jump	3.5m	Long Jump	3.7m
Shot Put	9m	Shot Put	9m	Shot Put	7m	Shot Put	7.5m
Triple Jump	7m	Triple Jump	8.5m	Triple Jump	6.5m	Triple Jump	7m
4x100m	1min 5s	4x100m	1min	4x100m	1min 20s	4x100m	1min 20s
Boys Under 15		Boys Senior		Girls Under 15			
100m	13.5s	100m	12.8s				
200m	26s	200m	25s	100m	15s	100m	14.5s
400m	1min 2s	400m	58s			200m	32s
800m	2min 40s	800m	2min 30s			400m	1min 20s
1500m	5min 20s	1500m	5min 20s	200m	33s	800m	3min 15s
3000m	11min 50s	3000m	11min	400m	1min 20s	1500m	6min 30s
100m Hurdles	15s	100m Hurdles	15.5s	800m	3min 15s	3000m	15min
Discus	22m	Discus	25m	1500m	6min 30s	100m Hurdles	20s
High Jump	1.50m	High Jump	1.60m	3000m	15min		
Javelin	25m	Javelin	30m	80m Hurdles	16s	Discus	19m
Long Jump	4.8m	Long Jump	5m	Discus	18m	High Jump	1.25m

