

Dunedin Sports Injury Clinic

(A Multidisciplinary Community Service provided by Sports Medicine Otago-Southland)

LOCATIONS:

Dunedin Clinic: Beside Dunedin Rugby Football Club, Moana Rua Road, St. Kilda, Dunedin.
Edgar Clinic: Edgar Sports Centre, Portsmouth Drive, Dunedin.

POSTAL ADDRESS: PO Box 4018,
St. Kilda,
Dunedin,



Business



Private



Mobile



Fax

CO-ORDINATOR

Graeme Harvey

E-mail: graeme.harvey@xtra.co.nz

455 3155

(Limited Attendance)

455 5669

0274 506 508

4555657

DUNEDIN CLINIC HOURS

NORMAL WINTER	Saturdays	9.00am to 6.00pm	from mid March to mid August.
SEASON HOURS	Tuesday	6.00pm to 8.30pm	from mid March to early August.

EDGAR CLINIC HOURS

NORMAL WINTER SEASON	Saturdays	9.00am to 5.00pm	from early April to end August
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The clinic will often operate on days other than those shown above. Details and times of the clinic operation are advertised during the winter season each Thursday in the "Sports Draw" page of the 'Otago Daily Times'. Outside these times, please direct any inquiries to the clinic co-ordinator. There is no charge for the treatment of injured sports people seen at the clinic by doctors and physiotherapists and paramedical staff.

EVENT COVERAGE

The clinic can be contacted to assist schools and clubs requiring medical coverage at sporting events. A charge can apply for this service.

DO YOU HAVE A SPORTS MEDIC WITH YOUR TEAM?

Sports Medicine Otago-Southland conducts instructional courses as part of the Sports Medicine New Zealand Sports Medicine Accreditation Scheme. The four day course is designed for people who are associated with and support a team on a regular basis. Please contact the Clinic Co-ordinator (address and contact information above) for more details.

The courses are oriented toward sports related injuries.

Courses are held early each year but additional courses can be arranged for groups if numbers warrant this.

St John

INSTRUCTIONAL COURSES

St John conducts general first aid courses. These courses vary in duration and content and inquiries should be made to:



Business



Fax

St John Education Service

477 7111
or 0800 ST JOHN (0800 785646)

477 7994

A Combined Message From
SPORTS MEDICINE NEW ZEALAND
AND
ST JOHN

DO NOT USE WATER BUCKETS AND COMMUNAL SPONGES TO TREAT INJURIES INVOLVING BLOOD OR ANY OPEN WOUNDS!

Because This is recognised as a potential means of transmission of blood borne diseases such as Hepatitis and HIV (AIDS)

AND

DO NOT USE GREASE TO STOP WOUNDS BLEEDING.

Because **Firstly**, grease is not sterile and can cause infection. **Secondly**, it acts as a means to spread contaminated blood from one player to another; and **Thirdly**, it increases the problems encountered by medical personnel who have to treat the wound after the game.

AND

DO NOT SHARE WATER BOTTLES.

Because This is a recognised as a potential means for the transmission of MENINGITIS - and other infections.